

Name: _____ Sport: _____ Date: _____

Section I

- 1. Have you even been diagnosed with headaches or migraines? Yes No
 - 2. Do you have a learning disability, dyslexia, ADD/ADHD? Yes No
 - 3. Have you ever been diagnosed with depression, anxiety or a psychiatric disorder? Yes No
 - 4. Has anyone in your family ever been diagnosed with any of these problems? Yes No
 - 5. Have you ever had a concussion? Yes No
- If "no", please proceed to section II. If "yes", please answer the following questions?*

6. How many concussions have you sustained and when did they occur?

7. Please detail the symptoms you experienced with each concussion? How long did the symptoms last?

8. Were you ever removed from athletic participation? If so, for how long?

9. Have you ever been hospitalized or had medical imaging done for a head injury? Yes No

Section II

Symptom Evaluation: *You should score yourself on the following symptoms, based on how you normally feel.*

	<i>None</i>	<i>mild</i>	<i>moderate</i>	<i>severe</i>		
Headache.....	0	1	2	3	4	5 6
"Pressure in head".....	0	1	2	3	4	5 6
Neck Pain.....	0	1	2	3	4	5 6
Nausea or vomiting.....	0	1	2	3	4	5 6
Dizziness.....	0	1	2	3	4	5 6
Blurred Vision.....	0	1	2	3	4	5 6
Balance Problems.....	0	1	2	3	4	5 6
Sensitivity to light.....	0	1	2	3	4	5 6
Sensitivity to noise.....	0	1	2	3	4	5 6
Feeling slowed down.....	0	1	2	3	4	5 6
Feeling like "in a fog".....	0	1	2	3	4	5 6
"Don't feel right".....	0	1	2	3	4	5 6
Difficulty concentrating.....	0	1	2	3	4	5 6
Difficulty remembering.....	0	1	2	3	4	5 6
Fatigue or low energy.....	0	1	2	3	4	5 6
Confusion.....	0	1	2	3	4	5 6
Drowsiness.....	0	1	2	3	4	5 6
Trouble falling asleep (if applicable).....	0	1	2	3	4	5 6
More emotional.....	0	1	2	3	4	5 6
Irritability.....	0	1	2	3	4	5 6
Sadness.....	0	1	2	3	4	5 6
Nervous or Anxious.....	0	1	2	3	4	5 6

Total number of symptoms (*Maximum possible 22*):

Symptom Severity Score (*Add all scores in table, maximum possible 22x6=132*):

Do the symptoms get worse with physical activity? Yes No

Do the symptoms get worse with mental activity? Yes No